wildflower
AMERICAN CUISINE

Bloom
NEW AMERICAN CUISINE

PAELLA RICE			
		updated:	unit of
Ingredients:			Measure
Arborio Rice	3		cups
water	9		cups
saffron	0.5		Tblspoon
METHOD			
1. In medium sized pot- bring water and saffron to boil.			
2.add arborio and boil for 8 minutes,stir frequently.			
3.strain off excess water, lay out on sheet trays to cool.			
rice should be al dente when finished.			